

## DIVISION OF DEVELOPMENTAL DISABILITIES DBHDD FACT SHEET

**SERVICE:**      **Natural Support Training Services**

<b>CHECK ALL THAT APPLY:</b>	X	<p><b>SERVICE DESCRIPTION:</b> Natural Support Training (NST) Services provide training and education to individuals (family member, neighbor, friend, companion, or co-worker) who provide unpaid support, training, companionship or supervision to participants. These services must relate to the individual participant's needs due to his or her disability and tie to a specific goal in the Individual Service Plan. All training is described in the participant's ISP.</p> <p>NST Services include individualized training of families and members of the participants' natural support networks to help acquire a better ability to support the waiver participant. This training consists of instruction about treatment regimens, other services, use of equipment described in the ISP. These services may include updates in training required to maintain the participant safely at home.</p> <p>NST Services may include the costs of registration and training fees associated with formal instruction in areas relevant to the participant's disability needs identified in the ISP. These services do not include the costs of travel, meals, and overnight lodging to attend a training event or conference.</p> <p>NST Services are provided by Developmental Disability Professionals and these services may be provided in a participant's own or family home, the Developmental Disability Professional's office, outpatient clinics, Supported Employment work sites, or other community settings specific to community-based Natural Support Training goals specified in the Individual Service Plan.</p>
<b>NOW</b>	X	
<b>COMP</b>		
<b>Self Direct</b>	X	

### SPECIAL ELIGIBILITY CONDITIONS

A. The need for NST services must be related to the person's disability and tied to a specific goal in the Individual Service Plan (ISP) that is approved by the Regional Office

#### **ITEMS COVERED:**

1. Individualized, direct training of families and natural support networks to enhance their ability to support their family member.
2. Training and updates in training on the use of equipment specified in the ISP.
3. The costs of registration and training fees associated with formal instruction in areas relevant to the individual's needs due to his or her disability and as identified in the ISP.

#### **ITEMS NOT COVERED:**

1. Training paid caregivers
2. Services reimbursable by any other source.
3. Costs of travel, meals and overnight lodging to attend a training event or conference.
4. NST Services must not duplicate any family education or training provided through Adult Physical Therapy Services, Adult Occupational Therapy Services, Adult Speech and Language Therapy Services, or Behavioral Supports Consultation Services.
5. NST Services may not occur simultaneously or on the same day as Adult Therapy Services or Behavioral Supports Consultation Services.